



whole expo LLC

27th Annual
DURANGO 2023

*The Four Corners
Showcase of Holistic &
Ecological Products,
Seminars and Services*

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WEEKEND AFTER LABOR DAY
SATURDAY, SEPT. 9 10:00 AM-5:00 PM
SUNDAY, SEPT. 10 10:00 AM-5:00 PM

LA PLATA COUNTY FAIRGROUNDS
MAIN EXHIBIT HALL
2500 N. MAIN AVE
DURANGO, COLORADO

Details, Exhibitor List & Event
Info at WholeExpo.com
[FaceBook.com/WholeExpo](https://www.facebook.com/WholeExpo)

Contact info:
WholeExpoDurango@gmail.com
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**The Four Corners Showcase of
Holistic & Ecological
Products, Services & Seminars**

September 9 & 10, 2023
La Plata County Fairgrounds
Main Exhibit Hall
Durango, Colorado

SPONSORED BY:



Durango, CO
wholeexpodurango@gmail.com
www.WholeExpo.com

Welcome to WholeExpo 2023!

We are so excited to bring you our 27th Anniversary Show! WholeExpo is the Four Corners Showcase of Holistic and Ecological Products, Services and Seminars. We have more than 60 vendors in the Exhibit Hall offering a wide variety of products and services. You'll see gemstones, jewelry, art, health and beauty innovations, a veterinarian, psychic readers, natural food and energy products, alternative health providers, Medicare information, our local Farmers Market, and much more! Four Leaves Winery will be on hand offering tastings and wine for purchase.

Our speakers and seminars are very popular at WholeExpo. Starting at 11:00 am each day upstairs in the Exhibit Hall we will have sessions on connecting with your angels, healing with sound, alternative cancer treatments, and healing with hypnosis, to name a few.

On the Patio outside the front door of the Exhibit Hall we have more demonstrations, including a Belly Dance session at 11:00 on Saturday morning by Durango Shimmy Mob. Patio events include healing through art, a Tai Chi demonstration, the importance of rituals, a tribute to our veterans, and much more. In case of inclement weather, these will move inside.

Also outside we will have our Food Truck, Juicy's Shanty, serving up delicious Jamaican and Carolina style barbecue, which may be brought inside and enjoyed in our cool, comfortable dining area.

WholeExpo dates are Saturday, September 9 and Sunday, September 10. Show hours are 10:00 am to 5:00 pm each day. Adult admission is \$5, children 12 and under are free. Parking is free in the Fairgrounds lots. Your admission price is good for both days of the expo, and includes all seminars, workshops, and patio events.

We print this program in early August to allow time for distribution, so there will be more vendors and speakers than those listed here. We have an addendum sheet and floorplan at the expo entrance with the latest information. Please keep this program for your reference during the show and into the future, so you may contact our exhibitors later to follow up on topics of interest to you.

Have fun and enjoy the expo!

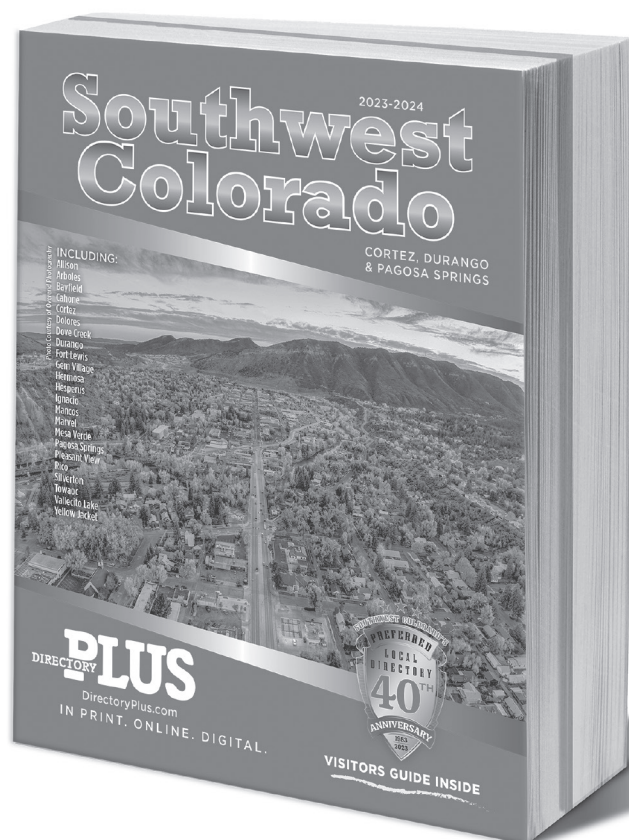
Sharon Hermes

Sharon Hermes
WholeExpo Owner/Producer



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seminars & workshops

Saturday, Sept. 9

11:00 - 12:00 Noon



**Feldenkrais
Awareness Through
Movement (ATM)
class
with Annika Fae**

A gentle movement class using slow mindful movements to achieve powerful effects in terms of strength, flexibility, and holistic integration of body and mind. The effects (immediately and over time) can be: more aligned posture, reduced pain and stiffness from chronic pain or old injuries, feeling taller, lighter, spacious, more comfortable, more graceful, and better organized.

Annika Fae does intuitive healing, muscle testing, and animal communication, as well as Feldenkrais ATM classes in Durango, CO. She weaves her experience and training as a Waldorf early childhood teacher and wilderness/nature connection mentor with her own healing journey and a synthesis of the healing modalities she has trained in and used over the years.

12:00 - 1:00



**Removing Blocks
to Explosive
Abundance with
Leslie Fonteyne**

We long to attract the expression of abundance in our lives, but can find the path thwarted by energetic blocks, stifling energetic agreements, limiting

beliefs and diminished perceptions of our value and capabilities. To step into abundance, our passions, honoring relationships, abundance, and good health, we need to clear these blocks. In this session, we'll identify those interferences and patterns that are creating our life experience. Then we want to release them and shift into our abundant life. We'll do a real-time energetic clearing with the Masters and Light Beings to shift what has surfaced for you. You won't be the same!

Leslie Fonteyne is a Life Transformation catalyst, teacher and Intuitive Energetic Healer. A powerful speaker, she connects clients and audiences with their core passions, helping them to unearth the blocks and interferences that prevent the fullest expression of outrageous abundance and life purpose. In her energy work, she includes the presence and wisdom of Ascended Masters, Light Beings and Archangels to remove energetic blocks and interferences, supporting explosive Inner change.

1:00 - 2:00



**What is PRF, and its
use in Healthcare?
With Dr. Peter
Domagala**

Platelet Rich Fibrin (PRF) is a blood product taken from the patient's own blood. After careful preparation, it can concentrate human growth factors, which greatly enhance wound healing and repair of tissue. Since the product is

taken from the patient's own blood, there are no chemical additives and is completely safe for human and animal use. This presentation will help the attendee learn more about Platelet Rich Fibrin (PRF) and its mechanism of action. The differences between PRF and PRP along with examples of its many uses.

Dr. Peter Domagala is a full-time periodontist (dental specialist). He completed his undergraduate work at Loyola University in Chicago, and from there attended the University of Illinois for both his D.D.S. and postdoctoral Certificate in Periodontics. Upon graduation, he became a clinical professor. Dr. Domagala is a continual student spending over 100 hours every year on continuing education and personal growth. After maintaining a busy private practice for 28 years in Illinois. His wife, Christine, a master's prepared Nurse decided to move to Durango, CO.

2:00 - 3:00



**Miraculous Healing
with Human
Frequencies, Nano
Crystals, QHHT
Hypnosis with Greg
Good**

It has been discovered that the cells of the body vibrate at various frequencies depending on their state of health. Greg Good, with Green Mantis Wellness, will be demonstrating healing frequency energy tools and nano crystal energy products, which help to

NeurOptimal® Neurofeedback



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something you post-
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it is something you
design for the present*

~Jim Rohn

seminars & workshops

balance your energy fields and chakras and promote better health.

For the past 30 years, Greg Good has been involved in the metaphysical realm, quantum physics universe and all things holistic for the body. He is also a QHHT past life healing hypnosis therapist trained by Dolores Cannon since 2010. Visit: www.Getvibranz.com/GregGood Email: gregtgood@gmail.com

3:00 - 4:00



The Role of Hyperbaric Oxygen Therapy in Cancer Treatment with George Glass

Our body's cells require oxygen for growth, and, for many years, physicians believed that cancer cells also needed oxygen to grow, thus turning away from any type of oxygen therapy. However, through studies, physicians determined that cancer cells thrive in oxygen-deprived environments, often resulting in hypoxemia (inadequate blood oxygen levels) seen in cancer patients. So, contrary to previous beliefs, increased oxygen levels, as delivered through HBOT, hinder cancer growth. In addition, we now know that inflammation can be a precursor to the formation of cancerous cells. We also know that hyperbaric pressure will reduce inflammation throughout the body.

George Glass has been in healthcare for over 30 years. George and Lori Ann Glass own and operate Mountain Hyperbarics and Glass & Glass Bodywork in Durango, Colorado. Over the past 5 years George and Lori Ann have encountered many

patients seeking natural forms of cancer prevention and treatment. They found that Hyperbaric Oxygen Therapy, HBOT, is a very good adjunctive therapy to both mainstream western medicine and conservative natural approaches to cancer care.

4:00 - 5:00



How to Heal Yourself Holistically with Tara Rose

The mind, body and spirit are deeply connected and healing the energy body really can ease the suffering of the body and mind. Whether you are struggling with chronic pain, illness, or emotional challenges, taking a holistic approach is a powerful way to get a breakthrough. We will cover an overview of the body's chakra system and discuss how physical and psychological issues are interrelated, with specific examples. We will also talk about self-care practices and mindset approaches we can use to keep ourselves radiantly well.

Tara Rose is a transformational life coach, herbalist, kambo ceremonialist and master intuitive healer. She is also the author of the upcoming book, "Trust the Flow: Awakening with Kambo, Cannabis and Ayahuasca," along with two other titles. She offers unique online Reiki training programs. Visit her website, MagicAndFlow.com.

Seminars & Workshops Sunday, Sept. 10

11:00 - 12:00



"Breathe a Sigh of Relief" with Rev. Dr. George Harris

Your feeling body is full of toxic emotions and negative thoughts. This Breath work will help you release them and create improved thoughts and loving feelings. Bring a blanket and pillow.

Rev. Dr. George Harris has a BA in Metaphysics, an MA in Spiritual Peacemaking, and a Doctorate in Divinity. He has been the pulpit minister at two spiritual centers in the past 14 years.

12:00 - 1:00



How Plasma Science Creates Molecular Level Energy with Michael Glant, MD

As a retired research pathologist, I was distraught when my sister was diagnosed with advanced ovarian cancer. After weeks on the internet, I discovered the Keshe Foundation. Using Keshe open-source patents, I developed treatment and was astounded when her cancer was entirely gone in 6 weeks. I will explain this new area of physics, how I treated my sister and others, and how this can be used by anyone with low cost and amazing benefits.

Dr. Michael Glant was a professor at Indiana University of Medicine where he started the Cytopathology Fellowship. In 1985 he left to start what evolved into a large reference laboratory serving a 5-state area, a group involved in national education/proficiency testing and the main anatomic reference laboratory for the largest FDA Clinical Trial laboratories in the world. In 2010 he became medical director for Orchard Software to develop artificial intelligence before retiring in Durango.

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seminars & workshops

1:00 - 2:00



Time for Angelic Transformation with Judy Katzin

Transformation takes courage, determination, persistence, and patience. Learn how, using spiritual concepts and techniques, to power up your energy and get through any challenging time. Become a stronger and more powerful version of yourself when faced with a crisis. Take home a brief case of spiritual tools to use at any time. These include techniques to connect with spirit to raise up your vibration.

Judy Katzin is an International Certified Spiritual Educator. She has a Master's degree in Speech Pathology, an Educational Specialist degree in Learning Disabilities. She is a Reiki I and II graduate and a Certified Angel Card Reader. Judy enjoys inspiring people to deepen their spiritual communication from within. She gives personal, spiritual profiles live and on zoom, and has instructed courses and workshops all over the United States and abroad.

2:00 - 3:00



Your Frequency Matters - 3 Keys to Create the Life you Love! with Caren Truske

Everything is energy, vibrating! From your thoughts, feelings, and emotions to each organ, muscle, tendon, ligament, hair follicle and tooth. Everything vibrates. Like the musical notes of a symphony, each note can be changed and arranged to create a new and different song. Join Author, Transformational Kinesiologist and Vibrational Sound Master Teacher Caren Truske and experience 3 keys to raise your vibration, master your frequency, and create the Life that you Love!

Caren Truske, MS.Ed, founder and curator of Aligned Living, is a Certified Vibrational Sound

Master Teacher, Practitioner, Coach, an Acutonics student and Certified Facial Soundscapes Practitioner, Brain Gym® Instructor, Spiritual Practitioner, Energy Alchemist, Y-200 Yoga Instructor, Transformational Kinesiologist, Brain-Based Learning and Developmental Reflex Movement Specialist. An Evolutionary Energy Alchemist, Caren's classes, courses and sessions are insightful, playful, developmental, healing, evolutionary, integrative, expansive, transformative and downright fun!

3:00 - 4:00



Maps to Healing with Ashley Renee

Maps to Healing is a journey to wholeness, helping you dive deeper into your mind/body connection. Reveal what your body is holding onto created by your beliefs. Observe how to reset your nervous system and release trauma. Surrender into the exploration of primal style movements,

breath patterns, and sounds. Evolve and embody your authentic way of showing up by example. We will explore different ways to breathe and slow our heart rate and release stress. Exploring mindfulness methods to help you get out of your thoughts and back into your body awareness and the present moment. Come explore yourself and discover ways to release daily stress and trauma imprints from the past. Leave understanding yourself in a new way and the science behind why these methods work.

I, Ashley Renee, am here to offer you new perspectives in your journey through movement, breath and mindfulness practices. I have 14 years experience with movement practices, breathwork, meditation, and trauma recovery in mind, body, and spirit. I believe healing to be an integration of all parts of self, the "good" and the "bad", not a way to "get away from", or "get rid of", some part of you that you don't want to take responsibility for.



JUICY'S SHANTY
Bringing the islands to the mountains

patio events

Patio Events **SATURDAY, Sept. 9th**

11:00 - 12:00 **Durango Shimmy Mob Belly** **Dance Demonstration**

Durango Shimmy Mob celebrates the art of belly dance while supporting Alternative Horizons with raising awareness about domestic violence prevention.

Shelley Millsap, Durango Shimmy Mob Team Leader 2016-2021.

12:30 - 1:15 **Love Yourself First with Kathy** **Neal**

You can't love others until you truly love yourself. In this time of self-care and mindfulness we can always use ideas on how to do it better! You will discover how to uncover negative programming from your childhood, clean out these belief systems and replace them with self-chosen positive programming. Learn to create tools to adore yourself first! These tools become habits

that instill self-love in your daily life. This talk was designed to last 20 minutes and the rest of the time will be sharing ideas and insights from the group on how to love yourself better.

Kathy Neal has lived in Durango, Colorado for the past 19 years. She is a high school art teacher with 34 years experience teaching in Colorado and Texas. Kathy is an experienced educator, public speaker, and discussion facilitator.

1:30 - 2:15 **Sound is the Medicine of the** **Future with Jeff Klein**

Soul music appeals to millions of people, but the music of the soul appeals to everyone. It is the one reliable bridge to the soul in every culture. Why does a character in Shakespeare's Twelfth Night declare, "If music be the food of love, play on"? Because love and music point beyond everyday experience. They are delightful and mysterious at the same time. No emotion

escapes the reach of music, as every culture has discovered. We are attuned to music just as we are attuned to love. Come have an Experience of Sound Healing.

As an alternative healer, Jeff has had experiences with spiritual masters, monks, a Native American Chief and medicine men (Ogalala Lakota and Ute Indians). After twenty one years as an avionics engineer and operations manager in corporate America, Jeff left his former profession to develop his passion for alternative healing with energy and vibration. He has dedicated his life to becoming a vessel of Divine Light, contributing to healing, uplifting and evolution of the planet.

2:30 - 3:15 **The Power of Ritual with** **Sandy Gilpin**

We will explore the profound impact that intentional practices can have on our lives and some of the brain science behind the power of rituals. Come learn about the difference between routines and rituals and why rituals have the potential to shape our neural pathways, enhance well-being and transform our lives. Together, we will uncover the scientific underpinnings of rituals and their ability to reduce stress, increase mindfulness, and promote a sense of meaning and purpose. Leave with ideas for creating a ritual of your own, either to implement in your daily life or as a special event.

Sandy Gilpin has lived in Durango for the past two decades and is a mom to twin 14-year-old daughters. She has been involved in K – 12 and higher education for over 25 years and is a skilled facilitator with a variety of groups. Currently, she is a transition and ritual coach. In addition to one-on-one coaching helping people navigate through transitions, she creates customized rituals to help individuals move on and find inner peace. www.sandygilpin.com

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3:30 - 4:15

Group Akashic Record Clearing with Susana Kirk

Energy Body Wellness Check in. Group Akashic Record Clearing. Asking permission to access the Akashic Records for past, present and future programs of the group that are blocking you currently and are ready to be released. Programs may be mental, emotional, physical or spiritual. This clearing might be for a few people or the whole group.

Susana Kirk is the owner of Dragonfly Holistic where she has offered sessions in an array of Energy and Massage Therapies for over 27 years. She enjoys assisting people, animals and places in making transformational breakthroughs with ease.

Patio Events Sunday, Sept. 10

11:30 - 12:15

Are You Called to be a Healer? with Tara Rose

There are many ways to help this world, and some of the most powerful are metaphysical! Discover six signs that indicate you are meant to be a healer. Plus, we will discuss common challenges that arise on this path and how to overcome them, how to discover your unique soul purpose using metaphysical approaches, and tips for prospering on the path of service.

Tara Rose is a transformational life coach, herbalist, kambo ceremonialist and master intuitive healer. She is also the author of the upcoming book, "Trust the Flow: Awakening with Kambo, Cannabis and Ayahuasca," along with two other titles. She offers unique online Reiki training programs. Visit her website, MagicAndFlow.com. GoldenLotusBlossoms@gmail.com www.MagicAndFlow.com

12:30 - 1:15

You Too Are Psychic - Everyone Is! with Trisha Dolan

As the author, Trisha will guide you through understanding your spiritual gifts of intuition. Learn how you receive messages from your inner guidance. Knowledge of how to use and trust intuition, can assist you to improve your life. "Life is easier and more fun when the messages are clear!"

Trisha Dolan is a Psychic, World Renowned Healer and Clear Channel Medium.

1:30 - 2:15

Tai Chi Demonstration with Jason Brown

Jason "Ninja" Brown shares his love of Tai Chi in this informal gathering of magical movement. Use your human form in slow-mo beauty as we follow the ancient rhythms of the earth together. Also offering Celebration Sundays, a free community Tai Chi group that meets once a month to move together!

Jason Brown has been a performance coach for over 30 years. He is practiced in the arts of Tai Chi, with a focus on the nervous system and all its infinite wisdom. With a background in western medicine (EMT on the ambulance for 10 years) and massage therapy, Jason settled into Neurology with a focus on helping people feel better. A Z-Health Master Trainer and Movement Performance Specialist, Jason is also an Aerial Yoga Instructor, Parkour Coach and has been a competitor on American Ninja Warrior 3 times, winning the UNAA Master's World Championship in 2018.

2:30 - 3:15

Radical Dreaming with Rebecca Wildbear

We dream for ourselves, our communities, and the world. Dreams allow us to become conscious of our soul's deepest gifts and enable us to experience possible futures. Dreams are one of the most potent ways to tap into authentic strength to heal ourselves and the world.

Modern culture has separated us from our bodies and nature. We reclaim power by deepening our relationship with the Earth and listening to our dreams to receive visions for our souls and the world. Learn how to open to unordinary ways of perceiving, connect to nature, and engage with the intelligence of your dreamscapes.

Rebecca Wildbear, MS, E-RYT 500, is the author of Wild Yoga: A Practice of Initiation, Veneration, & Advocacy for the Earth and the creator of Wild Yoga, a practice that empowers individuals to tune in to the mysteries within the Earth community, dreams, and their wild nature so they can live a life of creative service. She has offered Wild Yoga programs since 2007 and also guides through Animas Valley Institute. Visit her at www.rebecawildbear.com.

3:30 - 4:15

A Gift For Our Veterans with Crowfox Kimimila Wi

Veterans, you have sacrificed so much for all of us, yet we lose you at the alarming rate of 22 a day. I wanted to know how I could help you. I asked WakanTanka, Creator, what I can give you that you can have with you always, any time, any place, that would help you. I was given a meditation to give to you. I am sharing that with you for the first time here at Whole Expo with the approval of my Marine Veteran Elder.

Crowfox is the founder of Rocky Mountain Metaphysics, a researcher, and an educator. She has deep compassion for veterans because they profoundly touched her life. Her grandfathers were WWII veterans, her father served in Vietnam, her high school boyfriend served in Desert Storm, some of her close friends served in Iraq and Afghanistan. She had the honor as a civilian to work with the men and women of Fort Drum in 1997 and 1998.

exhibitors

A Nudge of Nature - Alisa Hjermstad • C-10

Learn to use crystals for guidance. By practicing stillness and tuning into a crystal language, one can invite a deeper meaning into your day and strengthen your inner happiness. I am found locally in Sticks and Stones Handmade, 922 Main Ave., Durango abhjerm@gmail.com

Age of Aquarius • A-16

The Age of Pisces has ended and with it the structures that no longer serve us must go. Learn of some of the consequences of these changes and of the glories of the Age of Aquarius.

Akashic Readings with Cheryl Lynn • E-10

Access your life from your soul's perspective as Cheryl channels information from the Akashic Records. Gain a deeper understanding of who you are, why you are here, and how you can better navigate the challenges you face. www.alovingjourney.com

Aligned Living, Caren Truske MS Ed. • E-6

Harmonically aligning Body-Mind-Spirit for optimal learning, living and performance. Transformational Kinesiology and Vibrational Sound Tuning Tools, Classes, Courses, Potent Point Kits and Sessions. Integrate, Elevate, Activate, Clear, Harmonize and Evolve energetic patterns. For Sale: Om Potent Point Tuning Fork Kits, Potent Point Cards, Solfeggio Tuning Fork Sets. Get Tuned-up: 10 min. - Solfeggio Chakra Balance - \$25 15 min. Brain Tune-up or Potent Point Tuning - \$35 Reserve your session; <https://www.picktime.com/alignedlivingcaren> <https://carentruske.com>

Alternatives by Sharon/ doTerra Essential Oils • D-4

doTerra Essential Oils and related products to use in lieu of chemicals. Pursue what's Pure!

Learning to use essential oils is easier than you think. www.mydoterra.com/alternativesbysharon

Angel Communication - Your New Spiritual Horizon • C-19

Are you ready for powerful transformations through angelic chakra and intuitive readings? An array of spiritual services are available for your soul growth and expansion! Angelic earrings/rings are available! Visit <https://newspiritualhorizons.com> or call 970-903-3921.

Blessed Joy Oils/Young Living • C-3

Step up to a healthier you with Young Living Essential Oils, oil-infused nutritional products, personal care, infant & children's products. We offer solutions for a healthier and more abundant lifestyle! Blessedjoyoils@yahoo.com. Jeanie Lephart, Brand Partner #1077582. 970-749-8123.

C.A.R.E. Esthetics • A-2

Discover the most recent advances in all-natural facial rejuvenation. Learn how we harvest growth factors (PRF) from your own plasma to reverse aging. www.care-esthetics.com/durango

Champion Transformations • A-7

Discover Nurse Health Coaching with Amy Champion! A holistic, evidence-based approach to guide you in taking realistic, sustainable steps to make transformational changes in your life. Stop by to book a

complimentary discovery call and start your journey!

CryoMedSpa Wellness & Cryotherapy • C-5

Decrease inflammation, optimize sleep, boost energy and defy the signs of aging. Create your customized plan today with a range of Cryomed membership options and packages that best suit your needs. Get ready to meet the best version of you.

www.cryomedspadurango.com

Crystal Boutique • B-10

Crystal Boutique is a small family business, owned by Colorado-grown artist Mandy Houpt and her Geologist husband Shaman Houpt. Crystal Boutique offers quality handmade jewelry such as sterling silver rings, chakra jewelry, gemstone earrings and turquoise bolos. We also offer special items such as sacred geometric crystal grids, healing crystal pouches, Goddess crowns and much more! Mandy also creates a unique line of guitar string jewelry: Wear A Positive Vibration. We also have an exceptional variety of crystals, minerals and fossils, many of which we collect ourselves. Crystal Boutique is at 1053 Main Ave in Durango, CO. www.crystalboutique1053.com

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Debra Disharoon Astrology • D-22

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Dr. Dennis O'Brien • C-2

In practice for 31 years, Dr. O'Brien has been in the Four Corners area for 10 years. For his patients' benefit he uses NON-FORCE chiropractic adjustments and WHOLE FOOD SUPPLEMENTATION to restore normal body function FROM THE INSIDE OUT.

He treats a wide variety of conditions. Stop by his booth for a HEART GRAPH and health assessment. densaidyes@aol.com.

Dragonfly Holistic • E-16

Get back into the flow of your life stream with an Akashic Record clearing. Focusing in on the lines and aspects of Love. Working with the mental, emotional and physical ties, challenges and health. www.susana-kirk.massagetherapy.com

Durango Farmers Market • D-3 (Sunday only)

We will have information about the Farmers Market, our state association, Colorado Proud produce charts and various market merchandise (hats, shirts, market bucks) as well as information on upcoming events or promotions. Come learn more about your local producers! www.durangofarmersmarket.com

Durango Spine & Sport • B-16

Come learn about our expert chiropractic care, manual therapy, and sports rehabilitation services and take advantage of our FREE demonstrations at the Expo!

Our patients range from non-athletes to recreational and even elite professional athletes. www.DurangoSpineAndSport.com

Eckankar/Spiritual Experiences Group of Durango • A-3, A-5

Would you like to learn about Past Lives, Dreams, and Soul Travel? Spin our Wisdom Wheel for a playful way to receive spiritual insights and pick up a free "ECK Wisdom" book. Learn more about Eckankar, meetup.com/spiritual-experiences-group-of-durango.

Emiko's Wellness • D-12

Light therapy (Lifewave) and emotional healing (Emotion Code).

Follow Your Heart - Intuitive Readings • D-10

Come learn to FOLLOW YOUR HEART & DREAMS! We

connect with Spirit to find out the Good, Icky, and Positive of what is happening in your heart & soul. Step into your Journey to Authenticity & Following Your Heart!

Catherine Schendzielos, 719.964.3014 cell #/texting, cs4disney@gmail.com

Four Leaves Winery • C-1

Four Leaves Winery is Durango's original full production winery. We are in our 12th year and are located across from the train station. Four Leaves Winery will be offering wine to enjoy by the taste, by the glass, and by the bottle. www.fourleaveswinery.com

George Harris • C-6

Rev DR. George Harris is a relationship and communication expert, a Holistic Health Practitioner, and New Thought Ordained Minister, Medical



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exhibitors

Intuitive and Prophetic Soul Reader. Today will be sharing the information from your soul at \$20.00 for 20 minutes

Green Mantis Wellness • B-13

We provide organic full spectrum CBD oil products. Green Mantis LLC is also the distributor of crystal energy products providing the body with negative ions that balance the energy fields and chakras of the body. The crystals of germanium, tourmaline and carbon titanium are infused into our necklaces, bracelets, back brace, knee, elbow, ankle sleeves, tourmaline socks, EMF cell phone protection cards, and germanium crystal massage wands. These help with pain, anxiety, depression, EMF protection, balance, athletic performance and more. greenmantishemp.com 512-669-9670

Have A Beautiful Aura • A-2

Our camera is so sensitive it even shows your angels and spirit guides. As seen on Oprah and Good Morning America! [angels@angelsangelsangels.org](mailto:angelsangelsangels.org) (928) 451-1222.

Healing With Trees • A-21

Fiction and non-fiction books involving trees for adults and children. Among titles are Healing with Trees: Finding a Path to Wholeness and If I Were a Tree, What Would I Be? Three-book series on Reiki. Pendulums made from trees. www.margaretcheasebro.com

Henna Designs by Renu • D-20

Beautiful henna designs by Renu Lal. www.Hennadesigns.com

Hermosa Mountain Mala • E-22

All of my creations are "malas as unique as you are" and one of a kind. Each mala is made with 108 high-quality 6mm round gemstones, and finished with a delicate handmade silk tassel. www.hermosamountainmala.com

Holistic Home & Health • A-15

Madeline is a talented Energy Therapist, Psychic Medium, and Medical Intuitive based out of Fort Morgan, CO. She practices a variety of modalities, including Tarot & Past Life readings, Reiki sessions, and more. Visit www.holistichomeandhealth.co to learn more.

Intuitive Healing • E-4

Bring your True Self to the world! Energy repatterning sessions, muscle testing for wellness and life choices, animal communication, Feldenkrais Awareness Through Movement (ATM) classes, Durango, CO. www.stonesintheriver.weebly.com, msannikafae@gmail.com

IV Fluid Therapy Durango • C-9

We are an infusion clinic in Durango that offers hydration as well as vitamins/minerals

and antioxidants in specialized blends that target certain symptoms such as dehydration, fatigue, headache, chronic illnesses and much, much more! We will offer B12 at the booth.

www.ivfluidbalanceandrestoration.com

Jennifer Roe • A-11

Jennifer Roe is a Master Level Red Hat Qigong Practitioner, a Shamanic Breathwork Facilitator, Akashic Record Reader, Integrative Health & Wellness Coach; but ultimately, she is a Transformational Guide. Come meet her energy and see what she has to offer! www.thehealingroe.com

Juice Plus/The Tower Garden • E-16

Experience the power of whole food supplementation with JuicePlus - your daily dose of fruits and veggies in a convenient way! Discover Tower Garden, a vertical, sustainable system for growing produce at home. Visit coacherinn.com/colorado and embrace a healthier lifestyle!

Juicy's Shanty Food Truck • Patio in front of Exhibit Hall

Jamaican and Carolina style Barbecue and more, including vegan items. Bringing the islands to the mountains! 970-880-0368.



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Leslie Fonteyne • A-13

Have a life-changing session with Leslie Fonteyne, a clairvoyant intuitive, channel and energetic healer, who works with Ascended Masters and Archangels to remove present and past lifetime blocks to fulfillment and abundance. Guidance, healing and transformation all in one session!
www.lesliefonteyne.com

Let's Unzip those Genes! • A-25

Providing DNA testing to identify health related genetic markers. Results are formatted into user-friendly reports that include genetic function, potential impacts, nutritional information, and lifestyle recommendations. We're then able to provide a custom compounded supplement personalized to your genetic results.
Contact and website: sarah@unzipthosegenes.com, unzipthosegenes.com

Light Alchemy HI • A-20

Based in Maui, Alysia travels with Aloha to spread awareness of unique tools for transformation (eForcePlus® & roXiva "DMT Light"). Enhance your aura with indigenous American jewelry, receive an energy reading, and experience a drug-free psychedelic journey.
LightAlchemyHi.com
(808)354-3200 Contact@LightAlchemyHi.com

Light As A Feather • C-13

Feather utilizes sound frequencies to assist you in a deeply relaxing "sound healing" experience. Accessing the body's meridians by applying tuning forks on acupressure points creates a realignment of the physical, emotional and spiritual body. Twenty-

minute introductory sessions are available at WholeExpo, or contact Feather at plumasmith@yahoo.com or 970-317-4694 for a private session or consultation.

Love My Crystalz • E-8

Introducing Palonette, A High Frequency, Conscious Crystal from off Planet that raises your frequency exponentially in minutes. Experience it for yourself..... lovemycrystalz.com Onya & Mark Sorensen, Quantum Holographic Programmers, Paranormal Investigators, Psychics & Name Readings lovemycrystalz@gmail.com 928-224-9410

Medicare Mentors/Nancy Turkal • C-6

If you're Medicare Eligible, our table is a MUST! Stop by with Medicare questions, grab some swag or set up an appointment for AEP Oct. 15 - Dec. 7. Contact me on my cell at 719-464-8898 or by email at managemedicare@gmail.com

Medsense • B-19

Medsense sells high quality kneading massagers, foot massagers and percussion massagers.
sales@medsensemassagers.com

Mountain Hyperbarics • B-4

Providing information on how hyperbaric oxygen therapy can be used for medical treatments as well as for general health and well-being, athletic performance and acclimating to elevation. We will offer free ½ hour consultations and carry-all bags at the booth. We will also have a drawing for a stainless-steel water bottle on the hour beginning at 11am Saturday.
www.mountainhyperbarics.com

Mountain Orgonite by Brandon Kelch • D-9

Orgonite is the perfect combination of organic and inorganic materials and crystals in a matrix that provide healing, EMF-protection, plant growth and many other uses. It's not just pretty to look at! bkelch.mountainorgonite@gmail.com

NM Jewelry by Natalie • D-8

New Mexico Jewelry By Natalie provides handmade authentic natural gemstone jewelry, including rings, necklaces, bracelets and earrings.
Soliscustomdesign.com
Instagram @Solis_custom_design

Natural Grocers • C-4

Natural Grocers is your neighborhood organic grocery store offering everything from organic produce to free-range eggs to health coaching and more! Naturalgrocers.com

NeuroMotiv • D-14

NeuroMotiv - Is it Science or Is it Woo-Woo? Unlock the secrets of your Nervous System and find out! Understand how the human body & brain work together for pain relief, improved movement and athletic performance. NeuroMotiv blends the science of movement neurology, pain neurophysiology, and visual and vestibular interactions with the musculoskeletal system, motor learning concepts, behavior modification approaches, and more. Also offering Sound Frequency Vibrational Therapy, Red Light Treatment, Sports Taping Education and Nutritional Insight. Experience the healing benefits of tapping into your own Nervous System today!
www.NeuroMotiv.com
Innerfirehouse@gmail.com
Jason 303-419-7613/
Lisa 970-749-6475

exhibitors

NeuroOptimal® Neurofeedback • D-7

Experience and learn about the only Dynamical Neurofeedback® training device available. Real Time feedback trains the whole nervous system to be more resilient and flexible, and less reactive to Life's stressors. Free Sessions! For more information, visit BrainTrainDurango.com and MyMindPeace.com

Plasma Energy Products • D-1

Dr. Glant became involved in Keshe Technology to help his sister with terminal ovarian cancer. After success with this advanced disease, Dr. Glant continues to help others with this powerful and inexpensive approach to diseases both minor and severe. www.plasmaenergyproducts.com

Ponderosa Pet Mobile Vet • A-10

Meet your compassionate in-home pet healthcare team! Watch demos and learn about mobile services such as exams, acupuncture, laser, fluid treatments, supplements, medications, nutrition, behavior, bloodwork, allergy testing, x-ray, ultrasound, hospice, assisted peaceful passings (euthanasia), and more. www.ponderosapet.com 970-759-2325

Prime Plus by Medsense • B-9

Compression boots. sales@medsensemassage.com

Psychic Sharon Sampsel • E-18

Sharon Sampsel, one of California's top psychics with 25 years experience as a professional clairvoyant and healer, uses her gifts

to help you find answers in your life. Receive clear and honest answers to assist you in achieving your desires and navigating through your challenges. www.PsychicSharonSampsel.com

Renewal by Andersen • B-14

Energy efficient window and door replacement. \$15,000 window makeover giveaway! www.trustourwindows.com

Rocky Mountain Metaphysics • A-14

Handcrafted Orgonite, incense, porcupine quill earrings, orgonite Aghames, spell candles, orgonite runes and mini tarot, orgonite altar tiles/plates, orgonite tealight holders, semi precious stones, marbled onyx goblets & mortars and pestles, pendulums, and more! www.Rockymountainmetaphysics.com

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**SanaVita Health & Wellness
• B-18**

SanaVita Health & Wellness offers chiropractic, massage, manual therapy, laser therapy, infrared sauna & cold plunge, colon hydrotherapy, personalized cleanses, functional medicine, and nutrition consulting. Free demonstrations of manual therapy and laser therapy will be offered during the Expo. www.SanaVitaDurango.com

Sandy Gilpin Transition & Ritual Coaching • D-6

Sandy Gilpin provides one-on-one coaching to help people navigate through transitions. Additionally, she creates customized rituals to help individuals who feel stuck move on and find inner peace. Stop by, meet Sandy and learn about the power of rituals. www.sandygilpin.com

**Sound and Energy Healing
• A-8**

Soul music appeals to millions of people, but the music of the soul appeals to everyone. It is the one reliable bridge to the soul in every culture. In person and live distance sessions available. Jeff Klein, 316-648-2368. Jeff@soundandenergy.com www.soundandenergy.com

Spiced Red by Bindu • A-17

Discover the allure of the Southwest with our exquisite handmade leather jewelry adorned with semi-precious beads. Experience the vivid hues of the desert landscape through our unique watercolors. Embrace the spirit of the Southwest in every piece, where creativity and craftsmanship intertwine to create extraordinary treasures. www.spicedred.com

**Sue Breeze - Certified
Psychic • A-11**

4th Generation Spiritualist provides Tarot/Oracle/Akashic-Past Life Readings, Presentation & Intuition Personal Coaching, Group Workshops. Available in person, online & by phone. 719-332-1846 psychicsuebreeze@gmail.com

The Edge of Silence • E-24

The Edge of Silence specializes in sound therapies, utilizing and selling gongs, singing bowls and other instruments from around the world. contact@theedgeofsilence.org

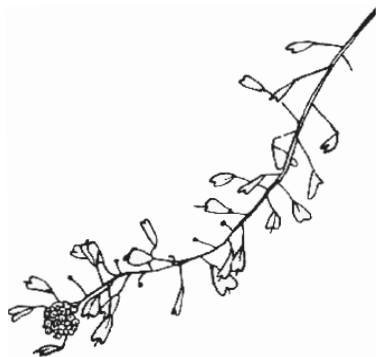
Trisha Dolan • A-23

Trisha Dolan is a Psychic Medium, Angel Therapy Practitioner and author of "You Too Are Psychic; Everyone Is." Trisha's work helps people connect with their intuition and live their best life. Reserve a

session - they fill up fast! 619-400-7020. www.trishadolan.com

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